

Transformational Journey

For Healing and Spiritual Maturity with the Buddhafield Flowers™

Join us for a deeply healing & transformational journey through the seven chakras, led by Ma Anand Sambhavya

This Journey Will Facilitate:

- Opening to your joyful potential life energy
- A higher sensitivity and awareness of your body
- Communion with nature and your inner guidance
- New creative possibilities in your life

Learn Practices:

- To create inner balance, peace and presence
- To acquire fresh perspectives about your life
- To see your intimate relationships in new ways
- To live and create your life in love and freedom



The three weekends comprise the whole empowering and transformational journey.* Each weekend may also be taken separately. The workshops will be held in a residential retreat setting at the Mount Madonna Center to allow us to open to and experience nature. The Buddhafield Flower Essences™ will be used to embrace and support your process, www.buddhafieldflowers.com.

Celebrating your Life Energy

September 11th-13th

Wake up your life energy! Learn to listen, respect and love your body. Heal and free it from old conditioning and habits. Experience your sensuality. Find out what healthy sexuality is and explore the Tantric woman/man within yourself. Strengthen your grounding and connection to Mother Earth. Feel comfortable with your survival and connection to your creative energy.

Relationship and Spiritual Maturity

September 18th-20th

This is the heart core of the transformational journey which supports a deep healing and a new kind of relationship with yourself and others. Let go of suffering in co-dependency as you release major traumas of your past. Regain your innocence through healing your inner child and his/her relating to the adult in the present moment. This process strengthens your self-worth and invites a good foundation for a healthy relationship with self and other.

The Power of Love and Meditation

September 25th-27th

Open and heal your heart! Look at your 'power issues', judgments, and discover the power of love and meditation. Connect to your wisdom, intuition, humor and trust in life. Practice unconditional love, both giving and receiving. Discover your inner man/woman and find your creative power within. Learn how to live and create a balance of love and freedom in your life.

For workshop pricing, information about Sambhavya and how to register see the back of the flyer.

For more information please visit:
www.buddhafieldflowers.com

For questions regarding class content please e-mail
Ma Anand Sambhavya:
buddhafieldflowers@gmail.com

Workshop Location:
Mount Madonna Center
445 Summit Road
Watsonville, CA 95076
www.mountmadonna.org

Experience Private Sessions with Ma Anand Sambhavya – 1.5 hours

Relax and experience the healing power of the Buddhafield Flower Essences in a one-on-one setting with Ma Anand Sambhavya. The sessions include:

- Energy reading with the Buddhafield Flower Essences.
- Looking at the issues that are present in your life.
- Profound Healing and balancing of your chakras and subtle bodies.
- Receiving your specific flower mix

Private sessions will be available one week prior to the first workshop and during the weekdays between workshops.

To sign up for a private session e-mail Ma Anand Sambhavya at buddhafieldflowers@gmail.com.

About Ma Anand Sambhavya:

Ma Anand Sambhavya has been an Osho therapist and healer since 1980. She has been leading Healing Trainings, courses of Tantric transformation and Spiritual maturity in many countries around the globe – In Europe, Japan, India, South America and USA. She created the Buddhafield Flower Essences™ and is the author of the book “Communion with Nature”.

Weekend Workshop Pricing

Total Cost Per Person
(including tuition, meals, lodging and facilities use)

Housing Type Cost:

- \$490 Commuting (Day use, meals & facilities)
- \$508 Own Tent or Van
- \$522 Mount Madonna Center Tent
- \$556 Dormitory (4-7 to a room)
- \$572 Triple (3 to a room)
- \$594 Double (2 to a room or cabin)
- \$614 Double with Bath (2 to a room)
- \$644 Single (1 to a room or cabin)
- \$688 Single with Bath

\$50 discount for each weekend, if registered by August 1, 2009.

\$100 non-refundable deposit is required with registration.

Space is limited. Please register early.

To register please email Mia Nomoto at buddhafieldflowers@gmail.com or call 650.248.5902

***All three workshops are required prior to attending the Buddhafield Flower Essence self-healing workshops at a later date.**



Maturity is a rebirth, a spiritual birth. You are born anew, you are a child again. With fresh eyes you start looking at existence. With love in the heart you approach life. With silence and innocence you penetrate your own innermost core. You are no more just the head. Now you use the head, but it is your servant." Osho